

Elementary

SCHOOL BREAKFAST & LUNCH MENU

Aug. 28—Sept. 30, 2019

Elementary Breakfast: **\$2.00**
 Elementary Lunch: **\$3.00**
 Milk & Juice Only: **\$0.50**

HARVEST OF THE MONTH STONE FRUIT

This institution is an equal opportunity provider. Menu is subject to change.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
For allergen & nutrition information, please visit www.rentonschools.us/departments/nutrition-services-warehouse/menus		Aug 28	29	30
		B: Cereal & Grahams L: Mini Twin Cheeseburgers	B: Cinnamon Bun L: Cheese or Pepperoni French Bread Pizza	B: Cereal & Grahams L: Corn Dog
Sept 2 NO SCHOOL LABOR DAY	3	4	5	6
	B: Cereal & Grahams L: Grilled Cheese Sandwich	B: Pancakes L: Bean & Cheese Burrito	B: Breakfast Sliders L: Chicken Nuggets	B: Cereal & Grahams L: Cheese Pizza Sticks & Pizza Dipping Sauce
9	10	11	12	13
B: Cereal & Grahams L: Mini Corn Dogs	B: Taco Roll Up L: French Toast & Turkey Sausage	B: Berry Apple Crisp Nutrition Bar L: Popcorn Chicken	B: Breakfast Sandwich L: Cheese or Pepperoni Pizza	B: Cereal & Grahams L: Chicken Drumstick & Cornbread Muffin
16	17	18	19	20
B: Cereal & Grahams L: Chicken Tenders	B: Pancake on a Stick L: Beef Soft Taco	B: Fruit Pocket L: Cheese Breadsticks & Pizza Dipping Sauce	B: Waffles & Scrambled Eggs L: Chicken Burger	B: Cereal & Grahams L: Cook's Choice
23	24	25	26	27
B: Cereal & Grahams L: Chicken Bites	B: Breakfast Wrap L: Beef Teriyaki Dippers & Brown Rice	B: Mini Cinnis L: Submarine Sandwich & SunChips	B: French Toast & Turkey Sausage L: Cheese or Pepperoni Personal Pizza	B: Cereal & Grahams L: Hot Dog & Potato Salad
30	* Reminder: Free & reduced meal applications available at www.rentonschools.us/departments/nutrition-services-warehouse/meal-applications * Renton School District offers breakfast daily!			
B: Cereal & Grahams L: Chicken & Cheese Quesadilla				

SECOND CHOICES AVAILABLE DAILY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Wheat Crackers, Cheddar Cheese Cubes & Hard-Boiled Egg	Yogurt, Granola & String Cheese	Blueberry Muffin, String Cheese & Sunflower Seeds	Cinnamon Breakfast Round, Yogurt Tube & String Cheese	Bagel & Cream Cheese, String Cheese & Cheddar Chickpeas

* All breakfasts come with fruit, 100% fruit juice, and milk daily

* All lunches come with the Fruit and Vegetable Garden Bar and milk daily

* Milk options: 1% white, fat-free white, fat-free chocolate, and soy

* Don't forget to take at least a 1/2 cup of fruit at breakfast and at least a 1/2 cup of fruit and/or vegetable at lunch.

Vegetarian

Contains pork

Whole grain rich

